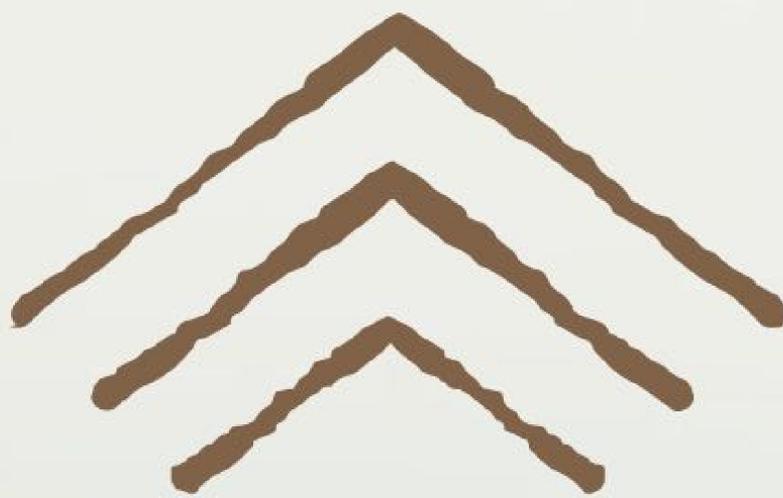


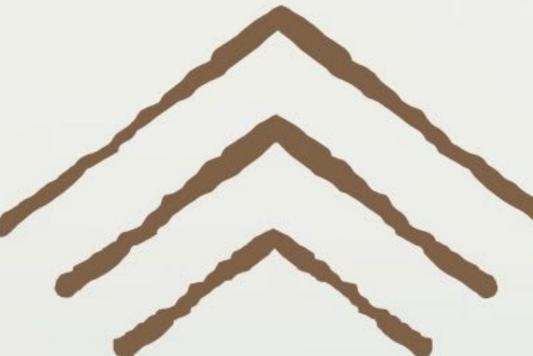
**ALL IN:**  
**HEART AND SOUL**



**“And you shall love the Lord your God with all your heart, with all your soul,**



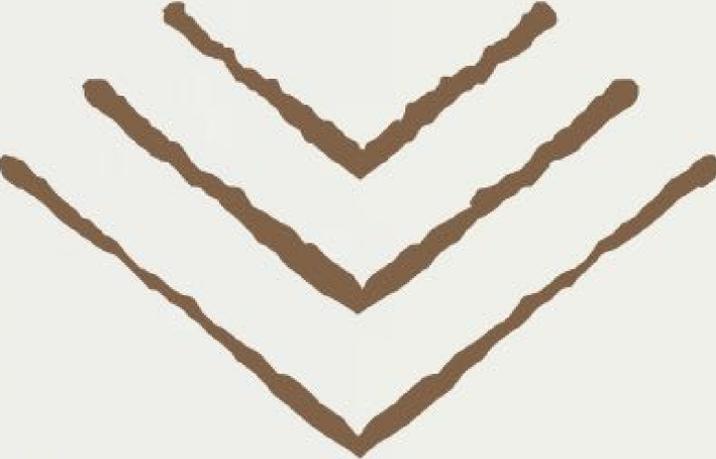
**ALL IN:  
HEART AND SOUL**



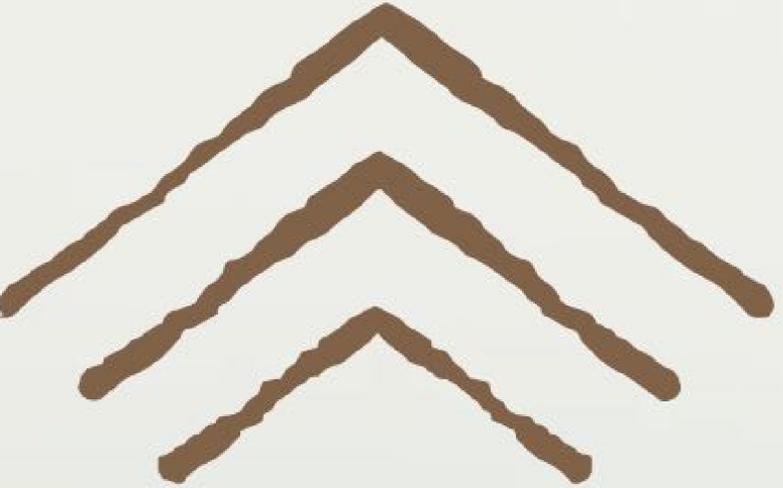
**with all your mind, and with all your strength.’ This is the first commandment.”**

Mk 12:30

**COMMITMENT**



**ALL IN:  
HEART AND SOUL**



**PERSONAL**



**ALL IN:**  
HEART AND SOUL



“Be on the alert, stand firm in the faith, **act like men,** be strong.”

1 Corinthians 16:13

**MAN UP!**

ALL IN:  
HEART AND SOUL

“Be on the alert, stand firm in the faith, **act like men, be strong.**”  
1 Corinthians  
(NLT) “**be courageous**”  
(NIV) “**be men of courage**”

MAN UP!



WHAT IS A  
**MAN?**



WHAT IS A  
**MAN?**

**MAN UP!**

1 Timothy 3:1-5

MAN UP!

3

KEYS FOR

Living the Jesus

LIFE

MAN UP!

**3** KEYS FOR **LIFE**  
Living the Jesus

**PERSONAL COMMITMENT**

**BIBLICAL CONVICTION**

*Spiritual* **COURAGE**

**PERSONAL COMMITMENT**

“For this reason I also suffer these things; nevertheless I am not ashamed, **for I know whom I have believed** and am persuaded that He is able to keep what I have **committed to Him** until that Day.”

**PERSONAL COMMITMENT**  
*" I know whom I have believed "*

**WE MUST HAVE COMMITMENT**

**IN or OUT**

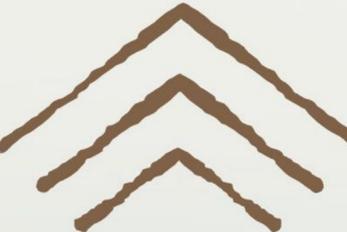
**HOT or COLD**

**PERSONAL COMMITMENT**  
*"I know whom I have believed"*

**WE MUST HAVE COMMITMENT**



**ALL IN:  
HEART AND SOUL**



***PERSONAL COMMITMENT***  
*" I know whom I have believed "*

**WE MUST HAVE COMMITMENT**

- A Settled Decision
- A Non-Negotiable Commitment

(flexible; open to modification)

## *PERSONAL COMMITMENT*

*“ I know whom I have believed ”*

**WE MUST HAVE COMMITMENT**

- A Settled Decision
- A **Non-Negotiable** Commitment

*Can't be Bought, Bribed, Challenged, or Coerced*

**“Therefore, my dear brothers, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labour in the Lord is not in vain.”**

1 Corinthians 15:58 (niv)

## PERSONAL COMMITMENT

**“If you don’t stand for something,  
you’ll fall for anything.”**

- A Settled Decision
- A **Non-Negotiable** Commitment

*Can't be Bought, Bribed, Challenged, or Coerced*

**“Therefore, my dear brothers, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labour in the Lord is not in vain.”**

1 Corinthians 15:58 (niv)

# JOSHUA

## A Non-Negotiable Commitment

Can't be Bought, Bribed, Challenged, or Coerced

“<sup>14</sup> Now therefore, **fear the Lord, serve Him** in sincerity and in truth, and put away the gods which your fathers served on the other side of the River and in Egypt. **Serve the Lord!**

<sup>15</sup> And if it seems evil to you to serve the Lord, **choose** for yourselves **this day** whom you will serve, whether the gods which your fathers served that were on the other side of the River, or the gods of the Amorites, in whose land you dwell.

But **as for me and my house, we will serve the Lord**”

Joshua 24:14-15

# DANIEL

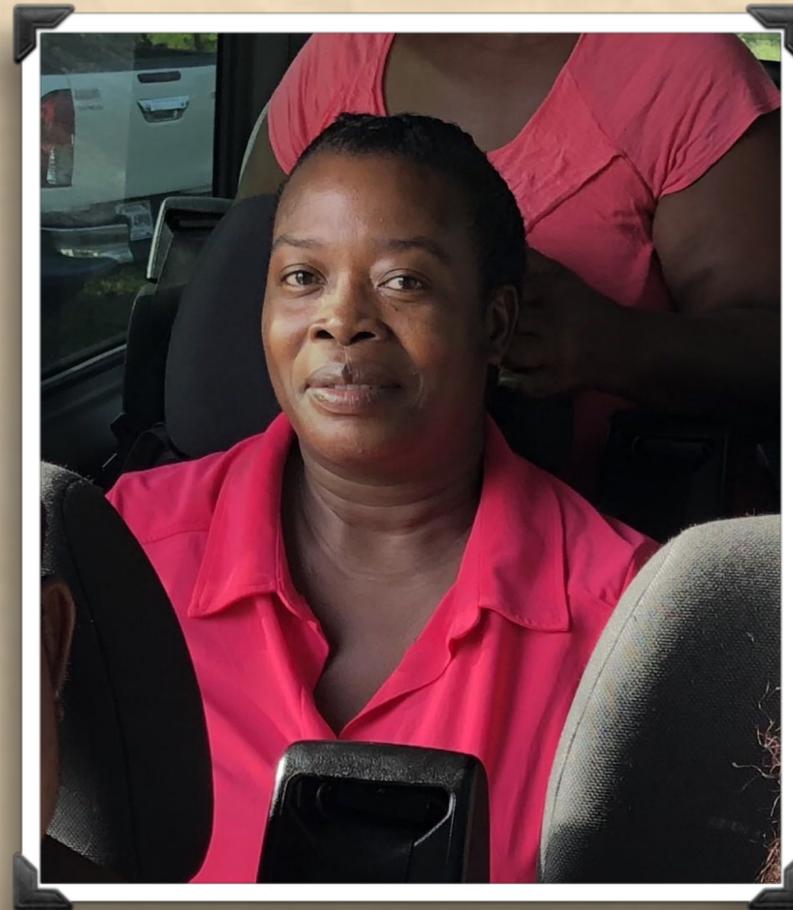
## A Non-Negotiable Commitment

Can't be Bought, Bribed, Challenged, or Coerced

“<sup>8</sup> But Daniel resolved not to defile himself with the royal food and wine, ....”

Daniel 1:8-16, NIV

## MARITZA



*" I follow desire and de whirl lawn time, un day I tink "dis whirl got me nutting but trouble and tee-uhs."*

*" **I decided** I done wit dis.  
**I follow Jesus 'fo' Tru" and no lookin' bak."***

“<sup>5</sup> If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him. <sup>6</sup> But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind. <sup>7</sup> That man should not think he will receive anything from the Lord; <sup>8</sup> he is **a double-minded man** unstable in all he does.”

James 1:5-8

**MIND:1**

VS

**MIND:2**

**“How long will you falter between two opinions? ...” - 1Kings 18:21**

“<sup>5</sup> If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him. <sup>6</sup> But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind. <sup>7</sup> That man should not think he will receive anything from the Lord; <sup>8</sup> he is **a double-minded man** unstable in all he does.”

James 1:5-8

**MIND:1**

VS

**MIND:2**

**“... If the Lord is God, follow Him; but if Baal, follow him.”** - 1Kings 18:21

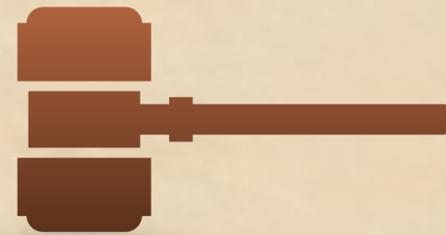
“<sup>5</sup> If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him. <sup>6</sup> But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind. <sup>7</sup> That man should not think he will receive anything from the Lord; <sup>8</sup> he is a double-minded man unstable in all he does.”

James 1:5-8

**SINGLE**

MIND:1

VS



**MINDED**

**PERSONAL COMMITMENT**  
“ I know **whom** I have believed ”

WE MUST HAVE COMMITMENT

AND **OUR COMMITMENT MUST BE PERSONAL**

- We Trust in the **Person** of Jesus Christ

“As Jesus passed on from there, He saw a man named Matthew sitting at the tax office. And He said to him, “Follow **Me**.”

So he arose and followed **Him**.”

Matthew 9:9

“Come to **Me**, all you who labor and are heavy laden, and I will give you rest.”

Matthew 11:28

## PERSONAL COMMITMENT

*“ I know **whom** I have believed ”*

WE MUST HAVE COMMITMENT

AND **OUR COMMITMENT MUST BE PERSONAL**

- We Trust in the **Person** of Jesus Christ

“<sup>37</sup> On the last day, that great day of the feast, Jesus stood and cried out, saying, “If anyone thirsts, let him come to **Me** and drink. <sup>38</sup> “He who **believes in Me**, as the Scripture has said, out of his heart will flow rivers of living water.””

John 7:37-38

“Come to **Me**, all you who labor and are heavy laden, and I will give you rest.”

Matthew 11:28

**PERSONAL COMMITMENT**  
“ I know **whom** I have believed ”

WE MUST HAVE COMMITMENT

AND **OUR COMMITMENT MUST BE PERSONAL**

- We Trust in the **Person** of Jesus Christ
- We Make that Commitment **Personally**

**HAVE YOU?**

**PERSONALLY?**

**"Dear Jesus,**

**I believe that You are the Son of God**

**and that You died on the Cross for my sins.**

**I am a sinner and I need to be forgiven.**

**Please forgive my sins, come into my life, and make me Your child.**

**I now receive You as my Savior - and commit myself to You as my Lord.**

**Thank You for forgiving my sins. Thank You for giving me new life.**

**Please fill me with Your Holy Spirit and give me strength to follow You.**

**For You, Jesus, are my Lord and my Savior.**

**Amen."**

# How do we Keep it Personal?

## **PRAY**

- YEILD YOUR LIFE
- COMMIT YOURSELF
- GET TO KNOW JESUS

*"WHEN I START TO PRAY, MY MIND GOES BLANK.  
I'M NOT SURE HOW TO START OR WHAT TO SAY."*



"LORD,  
I DON'T KNOW  
WHAT TO SAY ..."

---

# 3 KEYS FOR LIFE

Living the Jesus

*PERSONAL COMMITMENT*

**BIBLICAL CONVICTION**

*Spiritual* **COURAGE**

# HOW?

**D**aily & **D**evotionally

**A**pproach The Word and

**Y**eild to The LORD

**W**

**E**

**E**

**K**

**M**

**O**

**N**

**T**

**H**

**D**AILY and DEVOTIONALLY

**A**PPROACH the WORD and

**Y**EILD to THE LORD

## SIMPLE DEVOTIONAL READING

### Daily Proverb / Psalm

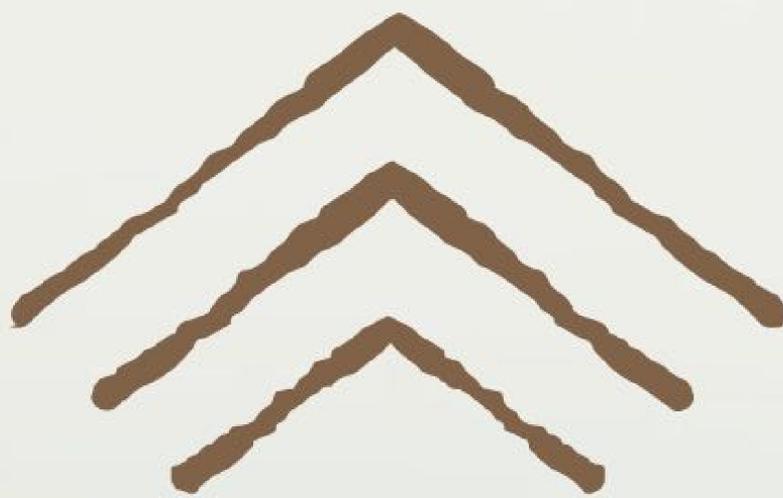
- Read Chapter
- Choose a key verse
- Paraphrase it
- Expose your heart to it
- Take it with you
- written, memorized
- "Chew" on it during the day

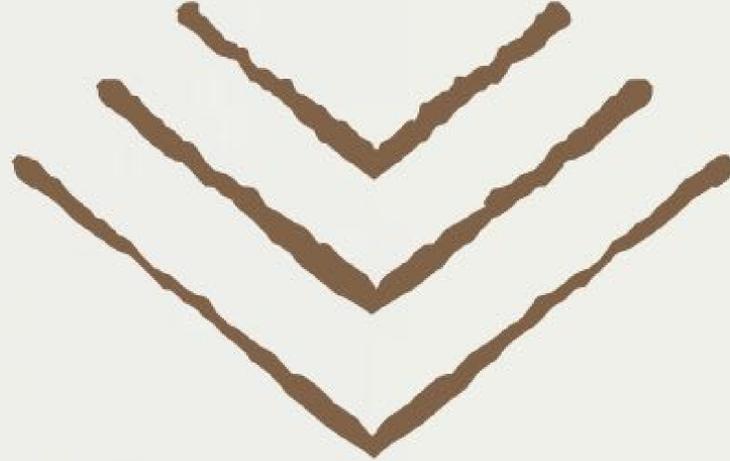
**"My voice You shall hear in  
the morning, O LORD; In the  
morning I will direct it to You,  
And I will look up."**

Psalms 5:3

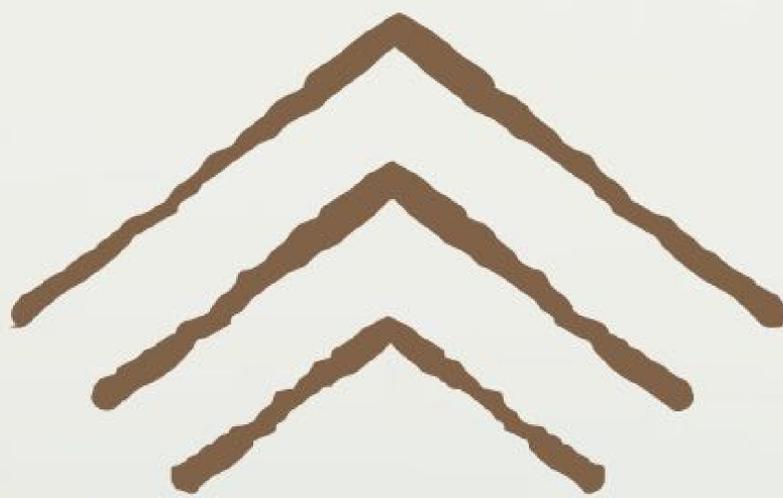


**ALL IN:**  
**HEART AND SOUL**

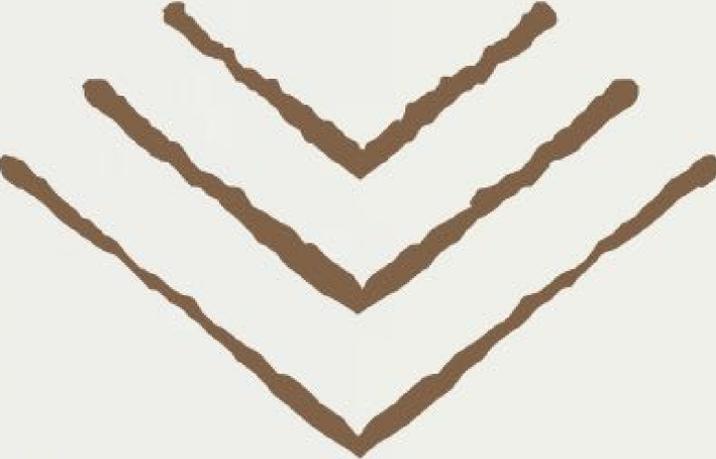




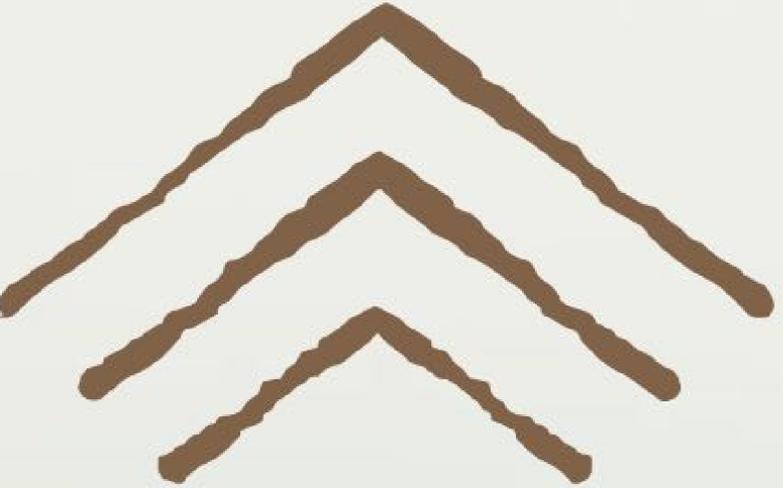
**ALL IN:**  
**HEART AND SOUL**



**CONVICTION**



**ALL IN:  
HEART AND SOUL**



**BIBLICAL**

**3** KEYS FOR **LIFE**  
Living the Jesus

**PERSONAL COMMITMENT**

**BIBLICAL CONVICTION**

*Spiritual* **COURAGE**

## BIBLICAL CONVICTION

**“<sup>14</sup> But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it, <sup>15</sup> and how from infancy you have known the holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus. <sup>16</sup> All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, <sup>17</sup> so that the man of God may be thoroughly equipped for every good work.”**

## BIBLICAL CONVICTION

*"have become convinced"*

WE MUST HAVE

**CONVICTIONS**

**TRUTH**

David Hume, 18th century British philosopher who rejected historic Christianity, once met a friend hurrying along a London street and asked where he was going. The friend said he was off to hear George Whitfield preach. "But surely you don't believe what Whitfield preaches do you?" "No, I don't, but **he does.**"

Settled Principles  
Firm Foundations  
Confident Conclusions

**TRUTH**

**BIBLICAL CONVICTION**

*“have become convinced”*

*“I know that I know that I know ...  
I'm **convinced!**”*

**WE MUST HAVE**

**CONVICTIONS**

*“Now faith is the assurance of things hoped for, the conviction of things not seen.”*

Hebrews 11:1, NASB

Settled Principles  
Firm Foundations (assurance)  
Confident Conclusions

**WHAT ...**

*Have you **LEARNED?***

*Do you **KNOW?***

*Are you **CONVINCED OF?***

## *Abraham's Example*

**“<sup>19</sup> Without weakening in his faith, he faced the fact that his body was as good as dead--since he was about a hundred years old--and that Sarah's womb was also dead.**

**<sup>20</sup> Yet he did not waver through unbelief regarding the promise of God, but was strengthened in his faith and gave glory to God, <sup>21</sup> **being fully persuaded** that God had power to do what he had promised.”**

## *Abraham's Example*

**“<sup>19</sup> Without weakening in his faith, he faced the fact that his body was as good as dead--since he was about a hundred years old--and that Sarah's womb was also dead.**

**<sup>20</sup> Yet he did not waver through unbelief regarding the promise of God, but (NLT) **“absolutely convinced”** his faith and gave glory to God, <sup>21</sup> **being fully persuaded** that God had power to do what he had promised.”**

## Peter's Example

“ ... <sup>66</sup> From that time many of His disciples went back and walked with Him no more. <sup>67</sup> Then Jesus said to the twelve, “Do you also want to go away?” <sup>68</sup> But Simon Peter answered Him, “Lord, to whom shall we go? You have the words of eternal life. <sup>69</sup> “Also we have come to believe and **know** that You are the Christ, the Son of the living God.””

John 6:56-69

## BIBLICAL CONVICTION

*“ have become convinced “*

WE MUST HAVE **BIBLICAL** **CONVICTIONS**

*"Unless I am **convicted by Scripture** and plain reason, I do not accept the authority of popes and councils, ... **my conscience is captive to the Word of God.** I cannot and will not recant anything, for to go against conscience is neither right nor safe. Here I stand, I cannot do otherwise. God help me. Amen."*

Martin Luther

## BIBLICAL CONVICTION

“<sup>14</sup> But as for you, continue in what you have learned and have become convinced of, because you **5.** know those from whom you learned it,<sup>15</sup> and how from infancy you have known **2.** the holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus. **1.** All Scripture is God-breathed and **3.** is useful for teaching, rebuking, correcting and training in righteousness,<sup>17</sup> **4.** that the man of God may be thoroughly equipped for **every** good work.”

# BIBLICAL CONVICTION

*“have become convinced”*

- 1.** All Scripture is God-breathed
- 2.** able to make you wise for salvation
- 3.** is useful for teaching, rebuking,  
correcting and training in righteousness
- 4.** that the man of God may be thoroughly equipped  
for every good work
- 5.** know those from whom you learn

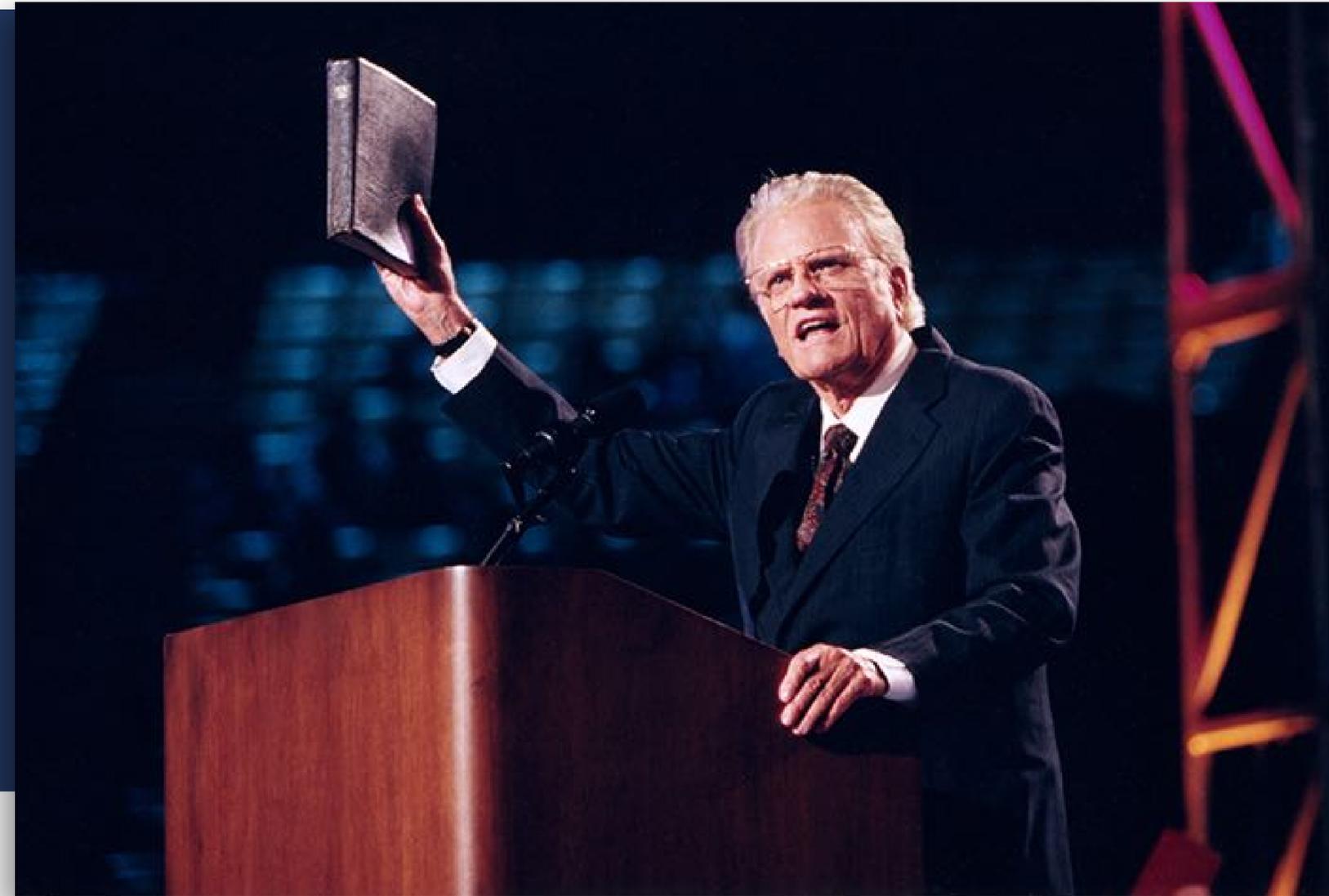
# BIBLICAL CONVICTION

*“have become convinced”*

**1. All Scripture is God-breathed**

**Inspired by God - God's *Word!***

“I hear You, Lord. It's by Faith.  
From this day forward, I  
accept the Bible as the  
**Infallible**  
**WORD of GOD.”**



# BIBLICAL CONVICTION

*“have become convinced”*

- 1. All Scripture** is God-breathed
- 2. able to make you wise for salvation**
- 3. is useful for teaching, rebuking,  
correcting and training in righteousness**
- 4. that the man of God may be thoroughly equipped  
for every good work**
- 5. know those from whom you learn**

# BIBLICAL CONVICTION

*“have become convinced”*

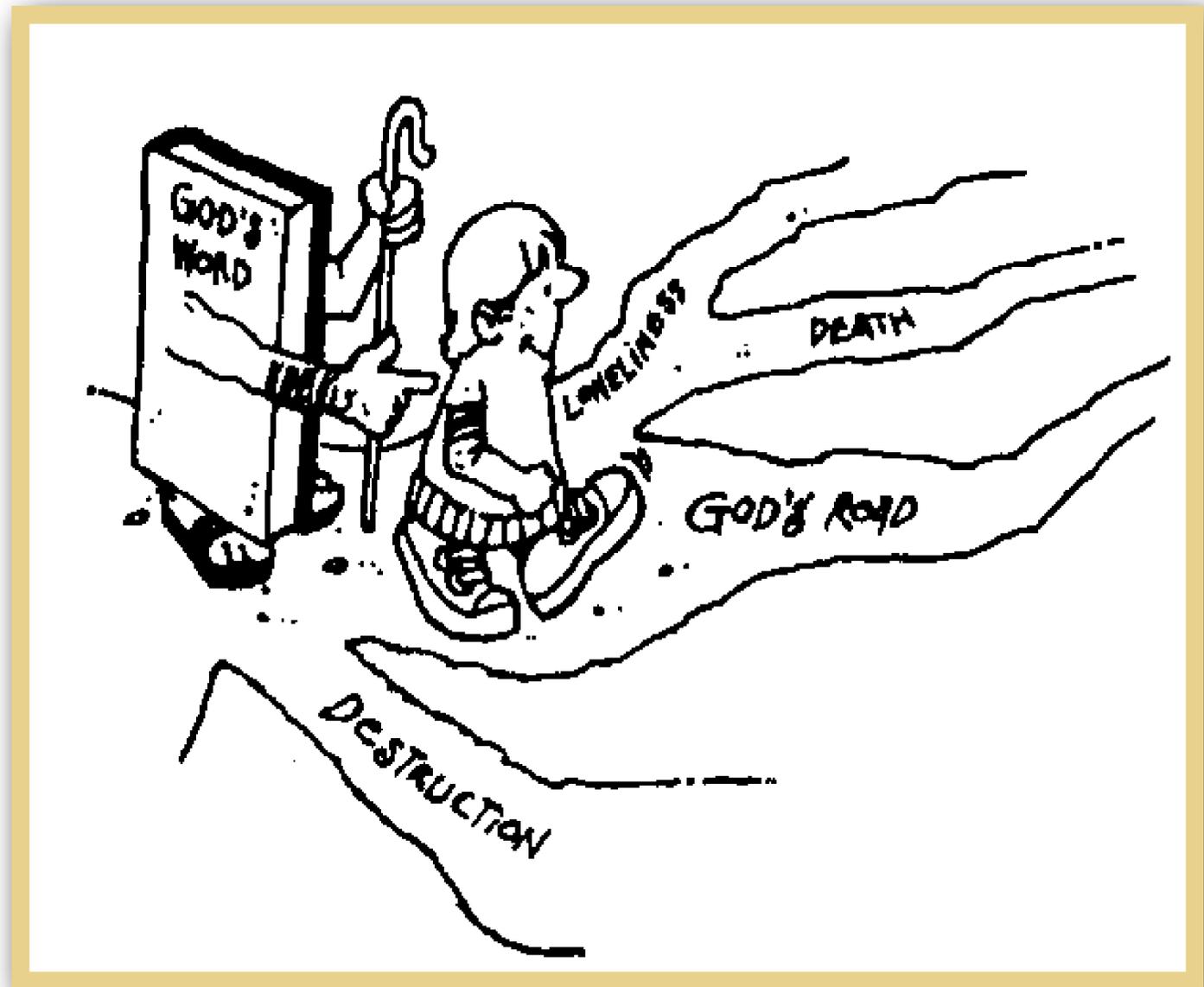
- 1.** **All Scripture** is God-breathed
- 2.** able to make you wise for salvation
- 3.** is useful for teaching, rebuking, correcting and training in righteousness

**“Your word is a lamp to my feet and a light for my path.”**

Psalm 119:105

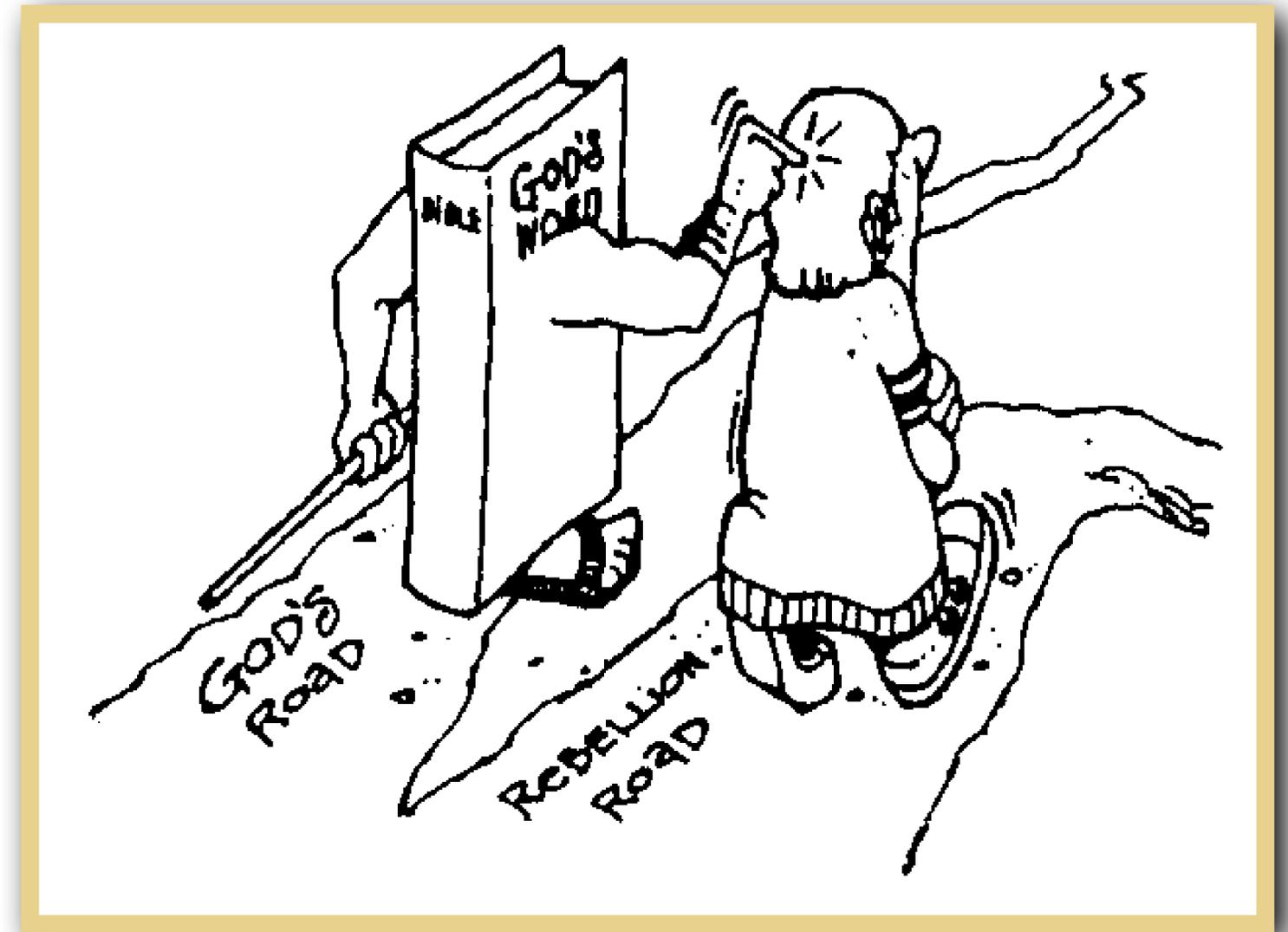
# TEACHING

God's Word shows  
us the Way we  
should go.



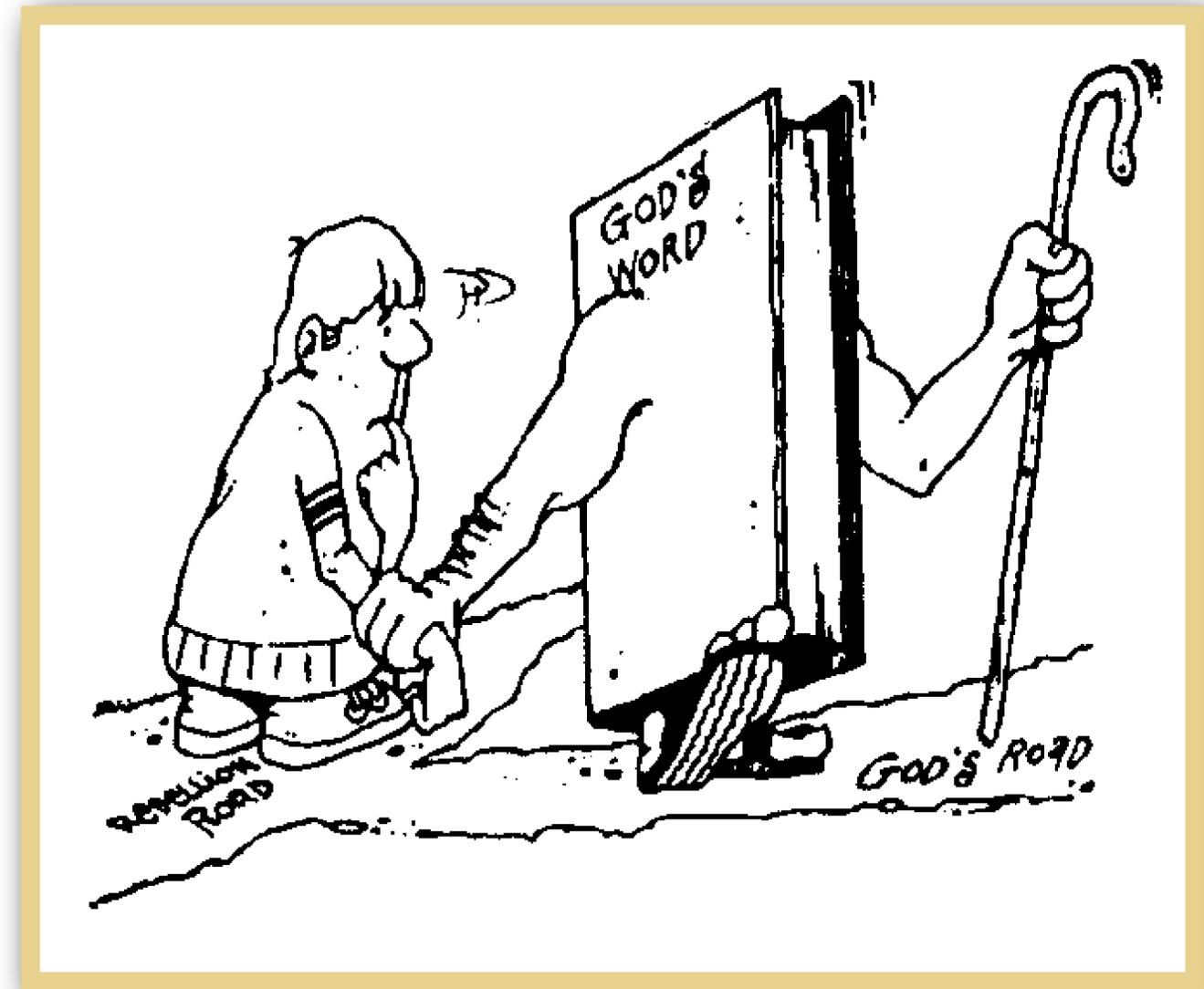
## REBUKING

The Bible points out  
where we've gone  
off-track.



## **CORRECTING**

**God's Word shows us  
how to get back on  
the right track.**

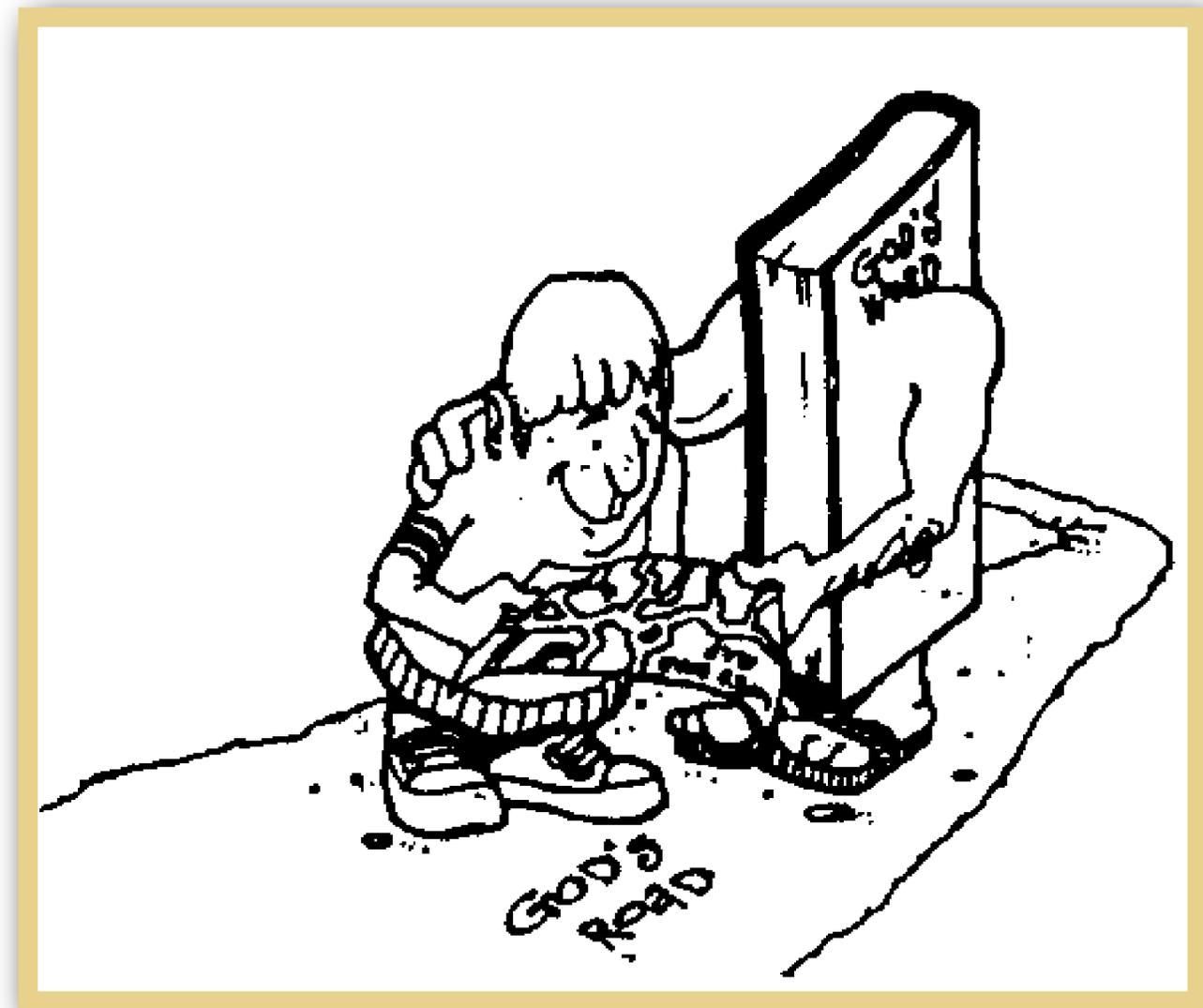


**“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.”**

1 John 1:9

## **TRAINING**

God's Word instructs  
in how to continue  
walking with Him.



# BIBLICAL CONVICTION

*“have become convinced”*

1. All Scripture is God-breathed

“For we are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.”

Ephesians 2:10 niv

4. that the man of God may be thoroughly equipped for **every** good work

5. know those from whom you learn

# BIBLICAL CONVICTION

*“have become convinced”*

1. All Scripture is God-breathed

“His divine power has given us everything we need for life and godliness through our knowledge of Him who called us by His own glory and goodness.”

2 Peter 1:3 niv

4. that the man of God may be thoroughly equipped for every good work

5. know those from whom you learn

# BIBLICAL CONVICTION

*“have become convinced”*

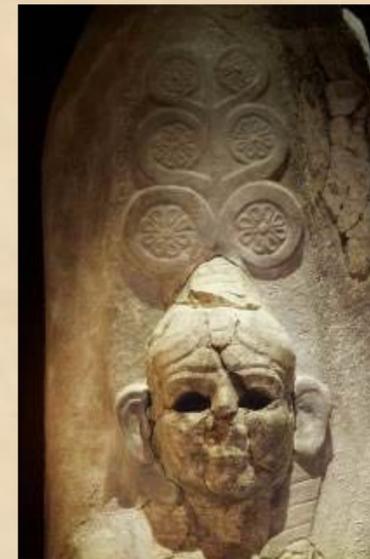
1. **All Scripture** is God-breathed
2. able to make you wise for salvation
3. is useful for teaching, rebuking,  
correcting and training in righteousness
4. that the man of God may be thoroughly equipped  
for every good work
5. know those from whom you learn **Be Sure of your *Sources!***

According to the Bible, the Hittites were an important & powerful nation.

Yet because no ancient historian mentioned them, and because they appeared to leave no archaeological footprint, critics of the Bible relegated them to the realm of myth.

## ***The HITTITES***

**“At one time the Hittites were one of three superpowers in the ancient world.”**



# BIBLICAL CONVICTION

*“have become convinced”*

**1.** All Scripture is God-breathed

**“The wise men are ashamed, They are dismayed and taken. Behold, they have rejected the word of the Lord; So what wisdom do they have?”**

Jeremiah 8:9

**5.** know those from whom you learn

**Be Sure of your *Sources!***

# 3 KEYS FOR **LIFE**

Living the Jesus

**PERSONAL COMMITMENT**

**BIBLICAL CONVICTION**

*Spiritual* **COURAGE**

# **HOW?**

**D**aily & **D**evotionally

**A**pproach The Word and

**Y**eild to The LORD

---

**W**eekly **W**ork to

**E**xpand your

**E**ntire

**K**nowledge of The Word

**M**

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**H**

**W**EEKLY  
**E**XPANDING our  
**E**NTIRE  
**K**NOWLEDGE of GOD'S  
WORD

**WORKING THROUGH A BOOK OF THE BIBLE**

- To Understand it's Message
- To know God better
- To follow Jesus more faithfully
- Discover Central Biblical principles and truth
- Where to go for what needs?
  - ex. Comfort? 2 Cor. 1, Ps 91

Inductive Method: Observation / Interpretation / Application

"I have 6 little friends. They taught me all I knew. Their names are What and Why and When and How and Where and Who."

**"The entrance of Your words gives light;  
It gives understanding to the simple."**

Ps. 119:130

- **Pay Attention**
- **Take Notes**

# BIBLICAL CONVICTION

*“have become convinced”*

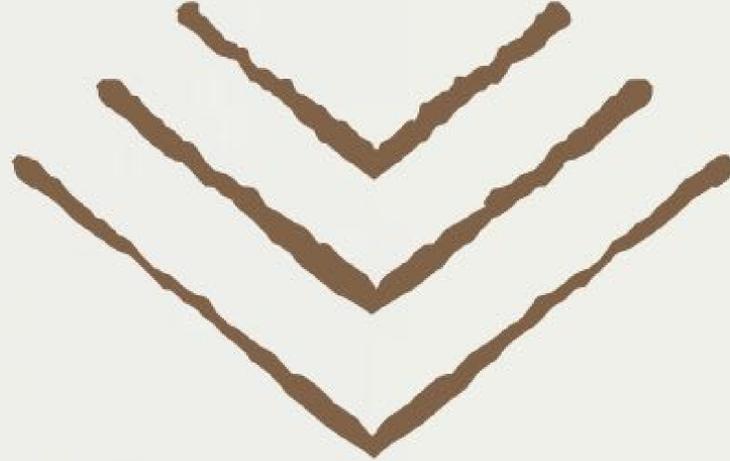
**WHAT ...**

*Have you **LEARNED**?*

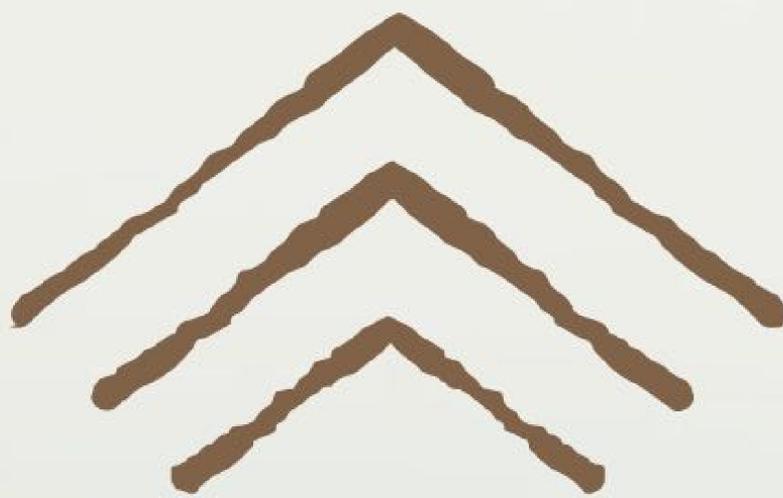
*Do you **KNOW**?*

*Are you **CONVINCED OF**?*

**... Are YOU Doing About It?**

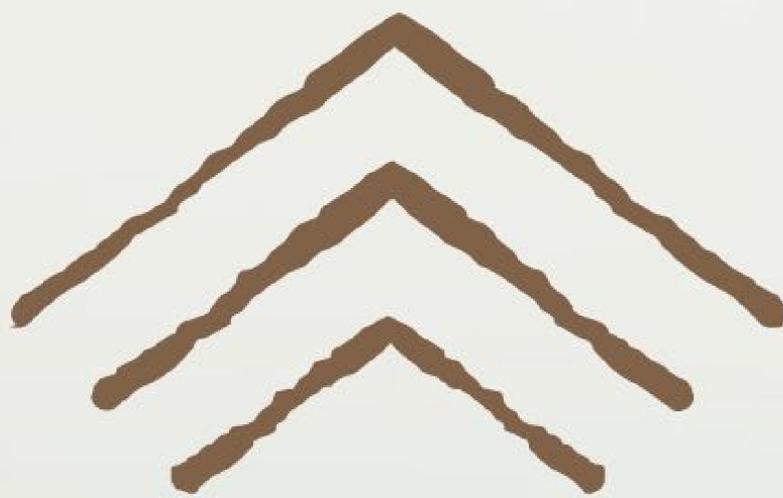


**ALL IN:**  
**HEART AND SOUL**

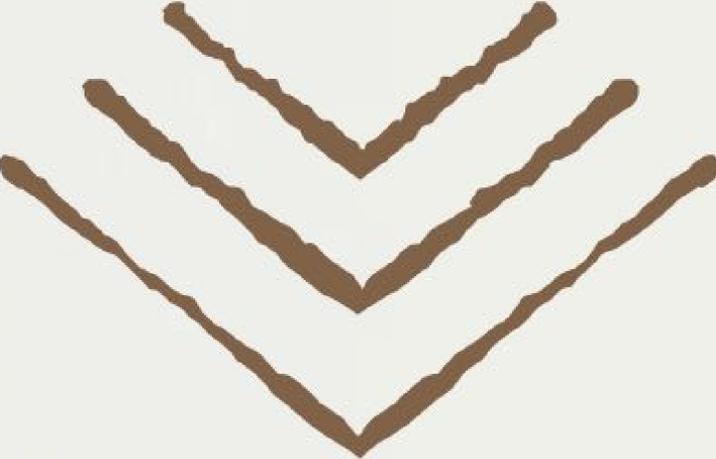




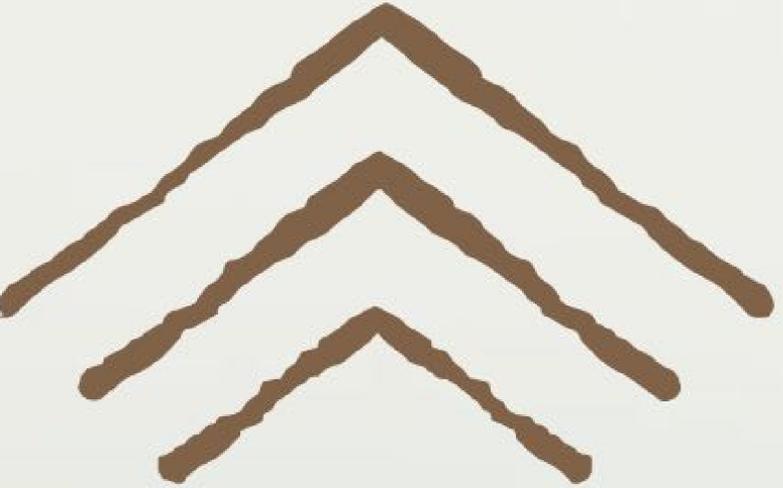
**ALL IN:**  
**HEART AND SOUL**



**GOORRAGE**



**ALL IN:  
HEART AND SOUL**



*Spiritual*

**MAN UP!**  
**3** KEYS FOR **LIFE**  
Living the Jesus

**PERSONAL COMMITMENT**

**BIBLICAL CONVICTION**

*Spiritual* **COURAGE**

*Spiritual* **COURAGE**

cruel imprisonment

“For this reason **I also suffer these things**; nevertheless

‘have no regrets’

**I am not ashamed**, for I know whom I have believed

and am persuaded that He is able to keep what I have

**committed to Him until that Day.”**

2 Timothy 1:12

*Spiritual* **COURAGE**

cruel imprisonment

“<sup>6</sup> For I am already being poured out as a drink offering, and **the time of my departure is at hand.** <sup>7</sup> I have fought the good fight, I have finished the race, I have kept the faith. <sup>8</sup> Finally, **there is laid up for me the crown of righteousness, which the Lord, the righteous Judge, will give to me on that Day, and not to me only but also to all who have loved His appearing.**”

2 Ti 4:6-8.

*Spiritual* **COURAGE**

“<sup>16</sup> At my first defense no one stood with me, but all forsook me. May it not be charged against them.

<sup>17</sup> But **the Lord stood with me and strengthened me**, so that the message might be preached fully through me, and that all the Gentiles might hear. Also **I was delivered out of the mouth of the lion.** <sup>18</sup> And **the Lord will deliver me from every evil work and preserve me for His heavenly kingdom.** To Him be glory forever and ever. Amen!”

2 Timothy 4:16-18.

*Spiritual* **COURAGE**

**Comes From**

**BIBLICAL CONVICTION**

**Built On**

**PERSONAL COMMITMENT**

*to* **JESUS**

*Spiritual* **COURAGE**

Comes From

**BIBLICAL CONVICTION**

Built On

**PERSONAL COMMITMENT**

*to* **JESUS**

- **BRAVERY (BOLDNESS)**

- **CONFIDENCE**

- **RELATIONSHIP**

“Be on the alert, stand firm in the faith, act like men, be strong.”

1 Corinthians 16:13

(NLT) “be courageous”

(NIV) “be men of courage”

# COURAGE

'Facing and dealing with anything recognized as dangerous, difficult or painful, **instead of withdrawing** from it.'

'Courage is the quality shown by someone who decides to **do something** difficult or dangerous, **even though** they may be **afraid**.'

Being Brave Involves Taking a **Risk**

Courage is Measured by the *Amount* of Risk  
(with vs. without safety net?)



IT'S FOR ALL OF US

**“For God has not given us a spirit of fear, but of power and of love and of a sound mind.”**

2 Timothy 1:7

## IT'S FOR ALL OF US

“For God has not given us a spirit of fear, but of power and of love and of a sound mind.”

2 Timothy 1:7

## BUT IT'S NOT AUTOMATIC

“<sup>6</sup> **Be strong and courageous,** because you will lead these people to inherit the land I swore to their forefathers to give them. <sup>7</sup> **Be strong and very courageous.** ... <sup>9</sup> Have I not commanded you? **Be strong and courageous.** **Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go.”**

Joshua 1:6-9

## PAUL

“<sup>22</sup> And see, now I go bound in the spirit to Jerusalem, not knowing the things that will happen to me there, <sup>23</sup> except that the Holy Spirit testifies in every city, saying that **chains and tribulations await me.** <sup>24</sup> **But none of these things move me;** nor do I count my life dear to myself, so that I may finish my race with joy, and the ministry which I received from the Lord Jesus, to testify to the gospel of the grace of God.”

Acts 20:22-24

## PAUL

“<sup>24</sup> From the Jews five times I received forty stripes minus one.  
<sup>25</sup> Three times I was beaten with rods; once I was stoned; three times I was shipwrecked; a night and a day I have been in the deep; <sup>26</sup> in journeys often, in perils of waters, in perils of robbers, in perils of my own countrymen, in perils of the Gentiles, in perils in the city, in perils in the wilderness, in perils in the sea, in perils among false brethren;”

2 Corinthians 11:24-26

## SHADRACH, MESHACH & ABED-NEGO

“<sup>14</sup> Nebuchadnezzar spoke, saying to them, “Is it true, Shadrach, Meshach, and Abed-Nego, that you do not serve my gods or worship the gold image which I have set up? <sup>15</sup> Now if you are ready at the time you hear the sound of the horn, flute, harp, lyre, and psaltery, in symphony with all kinds of music, and you fall down and worship the image which I have made, good! But if you do not worship, you shall be cast immediately into the midst of a burning fiery furnace. And who is the god who will deliver you from my hands?”

## SHADRACH, MESHACH & ABED-NEGO

“<sup>16</sup> Shadrach, Meshach, and Abed-Nego answered and said to the king, “O Nebuchadnezzar, we have no need to answer you in this matter. <sup>17</sup> If that is the case, our **God whom we serve is able to deliver us** from the burning fiery furnace, and He will deliver us from your hand, O king. <sup>18</sup> But **if not,** let it be known to you, O king, that **we do not serve your gods,** nor will we worship the gold image which you have set up.”

## ESTHER & MORDECAI

**“<sup>11</sup> All the king’s servants and the people of the king’s provinces know that any man or woman who goes into the inner court to the king, who has not been called, he has but one law: put all to death, except the one to whom the king holds out the golden scepter, that he may live. Yet I myself have not been called to go in to the king these thirty days.”**

Esther 4:11, 16; 3:2

## ESTHER & MORDECAI

“<sup>16</sup> Go, gather all the Jews who are present in Shushan, and fast for me; neither eat nor drink for three days, night or day. My maids and I will fast likewise. And so **I will go to the king, which is against the law; and if I perish, I perish!**”

Esther 4:11, 16; 3:2

## ESTHER & MORDECAI

*Who do you need to be brave for?*

“<sup>2</sup> And all the king’s servants who were within the king’s gate bowed and paid homage to Haman, for so the king had commanded concerning him. But **Mordecai would not bow or pay homage.**”

Esther 4:11, 16; 3:2

## COURAGE

*'doing something that frightens you'*

Note: Like Pain, Fear Is Not Always Bad

# COURAGE

*'doing something that frightens you'*

Being Brave Involves Taking a **Risk**

Measured by the Amount of Risk

**Embarrassment**

**Illness**

**Rejection**

**Injury**

**Disapproval**

**Debilitation**

**Losing Your Job**

**D-E-A-T-H**

**Humiliation**

**SPEAKING-IN-PUBLIC!**

# *Spiritual* COURAGE

Measured by the Amount of Risk

Overcome by the amount of **CONVICTION**

“I know whom I have believed  
and am persuaded”

2 Timothy 1:12

“Now **faith** is the **assurance** of  
things hoped for, the **conviction**  
of things not seen.”

CERTAINTY

ASSURANCE

CONFIDENCE

F·A·I·T·H

Hebrews 11:1

## Closing Thoughts on COURAGE

" Courage is Fear that has said it's Prayers "

~~" Those who are Brave Never Feel Fear "~~

## Closing Thoughts on COURAGE

" Courage is Fear that has said it's Prayers "

" Courage is Fear Holding On a Little Longer "

cf. Murder Incident

**“<sup>3</sup> Whenever I am afraid, I will trust in You.**

**<sup>4</sup> In God (I will praise His word),**

**In God I have put my trust;**

**I will not fear.**

**What can flesh do to me?”**

# 3 KEYS FOR LIFE

Living the Jesus

**PERSONAL COMMITMENT**

**BIBLICAL CONVICTION**

*Spiritual* **COURAGE**

# HOW?

**D**aily & **D**evotionally

**A**pproach The Word and

**Y**eild to The LORD

---

**W**eekly **W**ork to

**E**xpand your

**E**ntire

**K**nowledge of The Word

**M**emorize &  
**M**editate on

**O**ne Thing you

**N**eed

**T**o

**H**ide in your  
**H**ear

## MEMORIZATION

**M**EMORIZE (and MEDITATE on)

**O**NE Passage that I

**N**EED

**T**O

**H**IDE in my HEART

- Ps. 119:61 “The cords of the wicked have bound me, But I have not forgotten Your law.”
- Ps. 119:16 “I will delight myself in Your statutes; I will not forget Your word.”
- Read, Recite, Repeat - Read, Recite, Repeat...
- Digest in bite-sized pieces.

**“I have hidden your word in my heart  
that I might not sin against you.”**

Psalms 119:11niv

## MEMORIZATION

**M**EMORIZE (and MEDITATE on)

**O**NE Passage that I

**N**EED

**T**O

**H**IDE in my HEART

**“I have hidden your word in my heart  
that I might not sin against you.”**

Psalms 119:11niv

### HELP WITH PERSONAL STRUGGLES

- Find verses that relate to the issue/ problem (use Concordance).
- They may seem condemning, but they will strengthen the convicting work of the Holy Spirit - increasing our desire to repent, confess, be cleansed and walk in freedom.
- Find other scriptures that present the solution/ideal

# MEDITATION

**M**EMORIZE (and MEDITATE on)  
**O**NE Passage that I  
**N**EED  
**T**O  
**H**IDE in my HEART

**“I have hidden your word in my heart  
that I might not sin against you.”**

Psalms 119:11 niv

- *Josh. 1:8 “This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.”*

- Recite with different emphasis each time. Personalize, Paraphrase, Picture, etc.

*Spiritual* **COURAGE**

Comes From

**BIBLICAL CONVICTION**

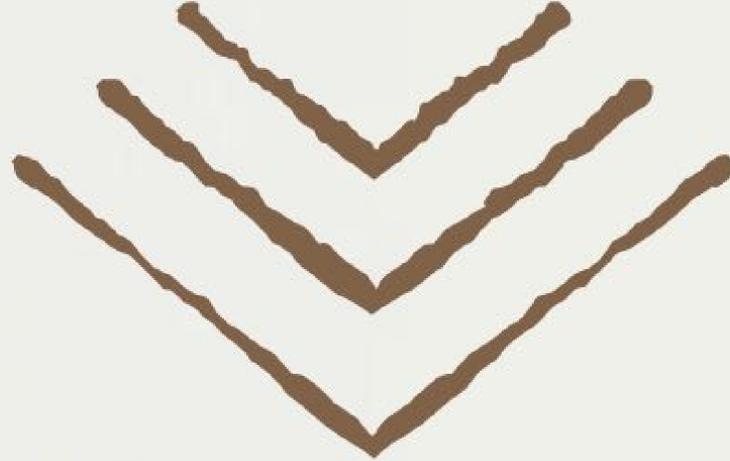
Built On

*PERSONAL COMMITMENT*

**DO SOMETHING  
COURAGEOUS  
THIS WEEK!**

*to* **JESUS** ← (Do What **HE** Does)

PRAYER



**ALL IN:**  
**HEART AND SOUL**

